

Wellbeing Services and Support					
Accommodations for a mental or physical diagnosis					
Behavioral Health Care					
Medical Leave of Absence					
Mental Health Care					
Physical Health Care					
Alcohol Edu, BASICS and ScreenU wellness tools					
Allergy injections				x	x
Career Wellness	x				x
Collegiate Recovery Community					x
Consultation for student concerns	x	x		x	x
Creative Wellness					x
Crisis services	x		x		
Eating disorders and concerns	x			x	x
Emotional Wellness	x				x
Environmental Wellness					x
Financial Wellness					x
Fitness consultation				x	x
Food or housing insecurity			x		x
Groups and workshops	x				x
Immunizations				x	
Individual alcohol and substance use counseling					x
Individual therapy	x				
Intellectual Wellness					x
Koru Mindfulness training	x				
Laboratory services				x	
Leadership opportunities	x	x		x	x
Lewes campus services	x	x	x	x	x
Medication dispensary				x	
Nutrition services				x	x
Off-campus referral services	x		x	x	x
Outpatient medical services				x	
Parent and Family Engagement			x		
Physical Wellness				x	x
Professional advocacy and connection to resources			x		x
Psychiatric care	x				
Recovery Yoga					x
Resources for veterans and their dependents			x		
Sexual Offense Support crisis hotline					x
Single-session therapy	x				
Social Wellness	x				x
Spiritual Wellness					x
Sports medicine				x	
Stress management	x				x
Student Crisis Fund			x		
Substance use services					x
Survivor support groups	x				x
Swipe Out Hunger			x		
Travel consultations				x	
Victim advocacy and services					x
Wart clinic				x	
Wellness, health and safety training and education					x
Women's and men's health				x	
X-Ray services				x	

Wellbeing Services and Support at a Glance from...

Center for Counseling & Student Development (CCSD)
 Disability Support Services (DSS)
 Office of the Dean of Students (ODS)
 Student Health Services (SHS)
 Student Wellness & Health Promotion (SWHP)

More details:
 udel.edu/studentlife

General questions:
 studentwellbeing@udel.edu

Nonstop mental health and victim support:
 UD Helpline: 302-831-1001

